

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a VoiceAmerica Member for Free!



### Help! My Thoughts are Holding Me Hostage Archives Available

April 08th 2016: [Rewire Me, Rewire You](#)

It is said that the life we live shapes our character and forms the core of who we are. Sometimes the tougher roads are the most fruitful for who we become. Dr. Fannin's guest this week, Rose Caiola, has been on a fascinating journey to explore who she is, what life is all about and how to get the most out of it. She believes in personal growth and transformation is available to everyone that wants to live a more fulfilled life. She has created tools and tips for those that are on the path, or want to be on the path to creating the life that they desire. Join with us this week for an uplifting

[Read more](#)

[SHARE](#) [DOWNLOAD PDF](#) [GET CODE](#)

### Tune in

Archives Available on VoiceAmerica Empowerment Channel

[EPISODE ON DEMAND](#)  
[VIEW HOST PAGE](#)

### Featured Guest



#### Rose Caiola

Rose Caiola could have easily been defined by her success in the business world; however, a yearning for a deeper understanding of wellness, health and spirituality opened new doors and led to an unexpected journey. Today, she is not only a distinguished business leader in Manhattan, but also a highly regarded teacher, frequent lecturer and much sought-after expert whose own ambition is to help others seeking personal growth. Cultivating ancient wisdom with cutting-edge science, she established Rewire Me as a destination resource to make self-awareness and self-improvement accessible to everyone. She has successfully coached a wide range of students seeking personal growth including wa

[Read more](#)

### Share This Episode

[Share On Facebook](#) [Share On Twitter](#) [Share On LinkedIn](#)

### Connect with VoiceAmerica

Download our mobile apps

[Available on the App Store](#) [Get it on Google play](#) [Download for kindle](#) [g+](#) [f](#) [twitter](#) [in](#) [RSS](#)

**PressPass**  
ALL ACCESS. ALL THE TIME.  
Come See what the VoiceAmerica hosts are writing on PRESSPASS