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April 19th 2016: A Fresh Start: How to Detoxify and Cleanse the Body

A Fresh Start: How to Detoxify and Cleanse the Body will feature Michael Schwartz, author, lecturer and founder of Michael's® Naturopathic Programs, a national brand supplement company. Excess toxins can disrupt the body's internal balance and harmony, leading to diminished health. Michael will offer powerful advice about the essential nutrients that help detox the body, cleanse the blood stream and liver, and the nutrients needed to help eliminate toxic storage areas. Michael will discuss in detail the importance of detoxification and cleansing, strategies to get the results you want from a

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Featured Guest



Michael Schwartz

Michael Schwartz is an author, lecturer and holistic nutritional consultant who is educated in the workings of the mind as it relates to the creation of our own personal physical reality. Working with Universal Principles, Michael was able to change the course of his life, leading to many benefits and experiences, including the founding of his natural supplement company, Michael's® Naturopathic Programs, in 1984. Author of numerous books, including "The Naturopathic Healing Handbook", Michael has also written articles for wellness magazines and journals, and educates the public on holistic wellness through various media appearances. Michael is a highly respected lecturer, with appearances

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