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The Dr. Gladney Radio Show

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April 20th 2016: The Elephant in the Room - Depression, CTE, and Mental Illness

One in four people are dealing with some type of mental illness, including depression. Although this issue is prevalent in so many people's lives, it is a topic that people avoid talking about and are at a loss in how to deal with the illnesses that plague our society. This episode will discuss the signs and give strategies as to how to handle mental illness.

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Featured Guest

Guest Image

Traci Pettis Johnson

Traci Pettis Johnson is a mental health first aid and diverse educator throughout the state of Kansas and Missouri. This includes 20 years of experience in the criminal justice system, business leader, mental health advocate, bereavement services, guest speaker and lecturer in the faith community, government entities, academic sector and nonprofit sector. Traci holds a Bachelor degree in Sociology from Newman University and will receive her Masters in Thanatology (The study of death, dying and suicide) in 2017. She is also a member of the learning community and metro council who collaborates with mental health agencies in Kansas and Missouri working on race relations, mental health challen

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