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April 21st 2016: Recovery from Autoimmune and Lyme Disease

With eloquence, warmth and authenticity, Katina shares practical health information and inspirational personal experience on chronic Lyme disease and autoimmune illness recovery. Her calling is to promote awareness and Integrative Medicine support, yet her passion is to ignite the body-mind-spirit pathway available in us all. The personally afflicted, caregivers and even the healthy will benefit from Katina's powerful message of hope in the midst of an exploding public health care crisis. She comes from experience and a wealth of wisdom. If you or anyone you know has had an autoimmune disease

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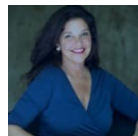
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Featured Guest



Katina Makris

Katina Makris, CCH, CIH has worked in natural health care since 1983 as a classical homeopath and intuitive healer. She has a BA degree from Duke University and is a graduate of the Stillpoint Institute of Life Healing. At the peak of her career she was stricken with a mysterious "flu" which was diagnosed, after five years of torment, as Lyme Disease.

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