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Wednesday at 4 PM Pacific

May 04th 2016: **Clear the Clutter, Get Organized, Spring Forward**

Clutter and disorganization result in loss of productivity and procrastination. Gain confidence, feel lighter and brighter while taking action to organize your life with Health Matters specialist, Heather Brittany.

Cynthia Brian continues the theme of getting organized with tips, tricks, and ideas that will have you flexing your tidy muscles.

The simple pleasures of spring are available to all of us to savor. Get moving and get into your garden. Spring forward with Goddess Gardener, Cynthia Brian's May Garden Guide.



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