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May 25th 2016: **Drumming- The Rhythm of Your Life**

My featured guest is Erik Dunton, he grew up like many children playing pots and pans- drumming. His family had a musical background. In his youth he attempted to play the saxophone and his music teacher said "I had no business playing a musical instrument of any kind", Erik felt the devastation from those words that did not stop him. It was his love for drumming and his older brother's guidance who was a sound engineer. Erik sought out a career in music, fell in love with recording, and become an audio engineer. This led to countless opportunities, live concerts, TV shows, and recording sessi

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Featured Guest



Erik Dunton

Erik Dunton, Therapeutic Musician, Motivational Drummer, and Remo Endorsed Health RHYTHMS Endorsed Facilitator. Erik believes that music should be, not only valued as a form of entertainment, but also as a vehicle of positive change in the lives of individuals. He uses the power of music, rhythm and song to produce non-musical outcomes. "I believe everyone is born musical, everyone has rhythm, everyone has a heartbeat" In 2007 Erik founded the group therapeutic drumming business, Positive RE: Percussions in Nashville, TN, before recently relocating it to Austin, TX in the summer of 2015. Through his company, Erik works with children, well elderly, individuals with special needs, elderly in

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