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**June 7th 2016: A Candid Discussion with Five-time Emmy Winner Sheila Hamilton about Suicide and Chasing the Chaos of Mental Illness and her book, 'All The Things We Never Knew'**

Today my spotlight shines brightly on Sheila Hamilton, FIVE-time Emmy Award Winner and morning show host at the Top Rated rock station in the United States, KINK-FM in Portland. Sheila is the Author of "All The Things We Never Knew" and we will be discussing her book about her late husband's suicide, mental illness, and the fragile line between reality and madness. We will discuss the stigma around Mental Illness and Suicide, Mental Health Advocacy, and what needs to change in the healthcare system and in our attitudes to save lives around us. This is an important show about raising awareness

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### Featured Guest



#### Sheila Hamilton

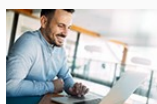
Sheila Hamilton is a five-time Emmy Award winning journalist and the author of "All the Things We Never Knew." Sheila's resume runs through film, commercial television, radio and print. She began her career as an Associate Producer for public broadcasting, and then anchored and reported commercial television news for KTVX in Salt Lake City and KATU in Portland. Sheila hosts the Kink morning show in Portland, where she was recently voted Oregon's Best Radio Personality.

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