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Waking Up in America
Wednesday at 2 PM Pacific
June 08th 2016: Think Kindness

Randi is away celebrating her parents 50th wedding anniversary as Doctor's Val and Kathy Litochleb explore the power and generosity of kindness. It sounds like a simple thing and it is. When you offer kindness to the world, it can be contagious and that's what we are creating. Sometimes you will run into a cranky soul and your kindness is your kindness - not received.

If we all maintain our thoughtfulness and kindness, we can and will alter the future. The kind person also has characteristics of strength and intention. These actions will cause us to be happier people. Check out

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Featured Guest



Dr. Kathy Litochleb

Lived worldwide - Studied in USA, Italy, Austria, Scotland - Practicing for 30 plus years - Medical Director of a full service small animal hospital in Southern CA - Specializing in Internal Medicine - Currently raising the consciousness of owners to understand the depth and breadth of their pets emotions and intelligence..

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