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**American Heroes Network
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June 14th 2016: Love Our Vets**

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If your loved one has seen war, he or she has PTSD at some level, and you who love your vet will also be deeply and profoundly affected. PTSD can affect ANYONE, not just veterans. In the U.S. alone it affects millions, along with all those who live with them and care about them. "LOVE OUR VETS" is devoted to addressing the unique needs of that special nucleus of friends and family surrounding the PTSD survivor. You may not have PTSD, but if you are living with someone who does, you are suffering from it as well.

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Featured Guest



Welby O'Brien

Welby O'Brien is crazy about her Veteran husband, and together they face the daily challenges of PTSD. She is an author and holds a Master's Degree in counseling from Portland State University and a teaching degree from Biola University, she has authored the books LOVE OUR VETS: Restoring Hope for Families of Veterans with PTSD (www.LoveOurVets.org), Good-bye for Now (grief support), and Formerly A Wife (divorce support). She is also a contributing author to Chicken Soup for the Soul: Divorce and Recovery, Chicken Soup for the Soul: The Spirit of America, as well as Shepherding Women in Pain.

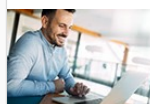
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