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Howard Falco, he's an author, and expert on human understanding and potential. He is a Spiritual Teacher, and Peak Performance or "Mindfulness" Coach to college and professional athletes ranging from NFL - NCAA Football, NHL, MLB, and the PGA, as well as CEOs, corporate executives, and individuals looking for a new way of overcoming life's challenges and achieving peace. Through his books, speeches, and private coaching thousands have been touched as individuals quickly realize the inspiring nature of his insights and the transformative impact this power has on their own lives. In a very

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Howard Falco

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