



HEALTH & WELLNESS



Straight Talk with Sandra Reich Archives Available

June 23rd 2016: Optimal Nutrition - Find out the true science on what you NEED to know from world famous Dr. T Colin Campbell- author of 'The China Study- The Most Comprehensive Study of Nutrition Ever Conducted'

A very special "Straight Talk" Sandra is joined by the brilliant Dr T Colin Campbell author of "The China Study: The Most Comprehensive Study of Nutrition Ever Conducted And the Startling Implications for Diet, Weight Loss, And Long-term Health" - a book that radically changed millions of lives and Sandra's too. For more than 40 years Dr T Colin Campbell has been at the forefront of nutritional research. Dr Campbell is featured in multiple movies on nutrition (Forks over Knives, Planeat, Vegucated and Pure Plant Nation) and is considered one of the biggest experts in the world on th

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Featured Guest



Dr T Colin Campbell

For more than forty years, Dr. T. Colin Campbell has been at the forefront of nutrition research. His legacy, the China Project, is the most comprehensive study of health and nutrition ever conducted. Dr. Campbell is a professor Emeritus at Cornell University. In addition to his long and outstanding career as an author, scientific researcher, and Cornell professor, Dr. Campbell has been featured in several documentary films.

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