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## The Mental Sherpa by Theta Spring



with **Alexandra Janelli**



### The Mental Sherpa by Theta Spring Archives Available June 28th 2016: Polish Your Appearance

Join special guest Dina Scherer, who is a NYC Image & Wardrobe Stylist and Personal Shopper, as we discuss how to style yourself in order to feel your best. Learn the tricks of color, shopping, and how your appearance can be one of your greatest assets to feeling good and experiencing the world with confidence! Visit Dina's site at <http://www.modnitsastyling.com>

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### Featured Guest



#### Dina Scherer

Dina is an NYC-based Image & Wardrobe Stylist and Personal Shopper, specializing in working one-on-one with women, helping them polish their appearance, define their authentic style and build a curated wardrobe of flattering outfits. Dina helps her clients identify fabrics, colors, and silhouettes that best fit their figure type & complexion, and edits their wardrobe - so it's easier and more exciting to get dressed every morning. Plus, she makes NYC shopping stress-free, and super efficient!

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