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June 30th 2016: A New Way to Heal from Debilitating Stress and Trauma

What if you combined neuroscience principles with mindfulness and energetic modalities? Hmm. You would get a new way to heal from overwhelming stress and trauma called Neurosculpting. This is a whole-brain approach to heal trauma, rewrite limiting beliefs and find wholeness, and you can do it in your own home after some initial training. Or you can learn with the on-line program, Warrior I. We will be talking to the founder of Neurosculpting, Lisa Wimberger, who began teaching Neurosculpting in 2007 to law enforcement, military veterans, and other first responders as a practical way to manage

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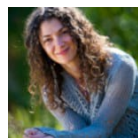
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Featured Guest



Lisa Wimberger

Lisa Wimberger is the founder of the Neurosculpting® Institute. She holds a Masters Degree in Education from the University of Stonybrook, NY and a Foundations Certification in NeuroLeadership. Her work draws upon her background in medical neuroscience. She is the author of "New Beliefs, New Brain: Free Yourself from Stress and Fear," and "Neurosculpting: A Whole-Brain Approach to Heal Trauma, Rewrite Limiting Beliefs, and Find Wholeness."

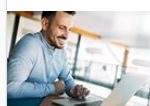
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