



Psych Up Live
Thursday at 11 AM Pacific
June 30th 2016: Fostering Children's Natural Resilience with Ordinary Magic

How can you foster a child's resilience to handle future adversity? How can you intervene to offset the impact of homelessness, war, migration, domestic violence, etc. on a child's development? In this episode, Dr. Ann Masten, Regents Professor of Child Development and recognized expert on risk and resilience in children will answer these questions and many more. Drawing upon her recent book, Ordinary Magic: Resilience in Development, she will surprise and enrich you with her findings. She will invite you to recognize that resilience is not an extraordinary genetic trait and identify "The Shor

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Featured Guest



Dr. Ann Masten

Ann Masten, Ph.D., LP, Regents Professor of Child Development at the University of Minnesota, studies resilience in human development. She directs the Project Competence research on risk and resilience, including studies of children and youth exposed to homelessness, war, natural disasters, migration, and other adversities. She is Past-President of the Society for Research in Child Development and currently serves on the Board of Children, Youth and Families for the U.S. National Academies. In 2014, Dr. Masten received the Bronfenbrenner Award for Lifetime Contributions to Developmental Psychology in the Service of Science and Society from the American Psychological Association.

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