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# EXPRESS YOURSELF!™ TEEN RADIO

WHERE TEENS TALK AND THE WORLD LISTENS



**Express Yourself!**  
Sunday at 3 PM Pacific  
July 05th 2016: Celebrating America

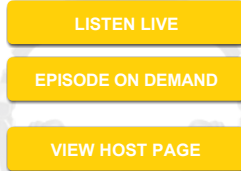
Our Express Yourself!™ team are proud to be Americans as hosts Asya Gonzalez and Zahra Hasanian celebrate freedom of speech and living in the USA. They interview best selling author, Mary Roach with her newest book, Grunt, discussing the military life not portrayed in movies. On a daily basis, soldiers fight more esoteric battles against less considered adversaries—exhaustion, shock, panic, disease, extreme heat, cataclysmic noise, gastrointestinal distress, and assorted waterfowl. In Health Rap, Reporter Alex Pawlakos celebrates America by taking a look at medical research accomplishments. Whe

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## Featured Guest



### Mary Roach

Mary Roach is the New York Times best-selling author of STIFF: The Curious Lives of Human Cadavers, SPOOK: Science Tackles the Afterlife, BONK: The Curious Coupling of Science and Sex, PACKING FOR MARS: The Curious Science of Life in the Void, and GULP: Adventures on the Alimentary Canal. Her newest book is GRUNT: The Curious Science of Humans at War. [www.maryroach.net](http://www.maryroach.net) She lives in Oakland, California. Video with Mary roach: <https://player.vimeo.com/video/170059463>

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