

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



with **Alexandra Janelli**

The Mental Sherpa by Theta Spring Archives Available

July 5th 2016: **Encore: DOUBT....IT'S PART OF THE PROCESS**

Doubt is part of the process.....but doubt tells us a story that can cause us to see the world with fear and apprehension. Join host Alexandra Janelli as we speak with Digital Storyteller Breonna Rodriguez about her relationship with doubt that brought her on a journey of exploring doubt. During her journey Breonna realized that doubt isn't just an emotion, doubt has a story, and an important message in our process of self-discovery and achieving our goals.

Tune in

Archives Available on VoiceAmerica Empowerment Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

[← SHARE](#) [↓ DOWNLOAD PDF](#) [↔ GET CODE](#)

Featured Guest



Breonna Rodriguez

Breonna Rodriguez is a digital storyteller. Spending the last 15 years designing for brands like Coca-cola, Harper Bazaar, W Magazine and GQ, she combines this award-winning ability to visually sway the eye, with an unwavering passion to speak from the heart. On Vivala.com she writes a weekly beat about love, sex and relationships.

[Read more](#)

Share This Episode

[f Share On Facebook](#) [t Share On Twitter](#) [in Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps

