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Out of the Comfort Zone

with
Wanda Wallace

Out of the Comfort Zone
Friday at 11 AM Pacific
July 22nd 2016: Getting Comfortable with Discomfort

Discomfort isn't always pleasant but it can be a good thing if you know how to manage it. Expert leaders in particular get used to being right, having the facts at hand, knowing the work is accurate because you did it or you could verify it – in effect, being in their comfort zone. But to grow and to expand your responsibility, leaders have to lean in to discomfort. That means changing some practices like not using time as an excuse for telling versus leading, getting comfortable with being uncomfortable and learning to nudge your employees into discomfort also without pushing them over the

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Featured Guest



Dr. Marcia Reynolds

Dr. Marcia Reynolds is fascinated by the brain, especially what triggers feelings of connection, commitment, & possibility. She is able to draw on her research to help leaders have more effective & meaningful conversations. She has delivered workshops in 35 countries & has presented at the Harvard Kennedy School, Cornell University, & Moscow School of Management. Marcia is a true pioneer in the coaching profession. She was the 5th global president of the International Coach Federation & is currently the president of the Association for Coach Training Organizations. She is the training director for the Pyramid Coaching Institute & teaches for coaching schools in Russia & China. Interview

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