



# THE SEXUAL VOICE

with JESSICA FORD  
MA, M.S.W., LCSW



## The Sexual Voice Archives Available

August 26th 2016: Orientations - Rewriting what we think we know

Orientation – who we are romantically and-or sexually attracted to or not. The concepts of sexual orientation are now more inclusive than ever before. There is pansexual, asexual, bi-sexual, transgender and Kink-BDSM and even pedophilia are being considered orientations. Our orientation defines our relationships and our basic sexual identity. Dr. Meg-John Barker expands the lens of sex therapy to see how we engage in non-monogamous relationships. Their work as a relationship anarchist is compelling. They have particular expertise around bisexuality, openly non-monogamous relationships, Kink-BD

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## Featured Guests



### Dr. Meg-John Barker

Dr. Meg-John Barker is a writer, therapist, and activist-academic specialising in sex, gender and relationships. Meg-John published the (anti-)self-help relationship book *Rewriting the Rules* in 2013 and they have a number of books for the general public out in 2016 including *The Secrets of Enduring Love* (w/Jacqui Gabb), a comic introduction to queer (w/Julia Scheele), and a practical guide to sex (w/Justin Hancock). Meg-John is also a senior lecturer in psychology at the Open University and has published many academic books and papers on topics including non-monogamous relationships, sadomasochism, counselling, and mindfulness, as well as co-editing the journal *Psychology & Sexuality*. T

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### Leah Valian, M.S.W., RSW, RST

Leah Valian, M.S.W. RSW is a registered Clinical Social Worker with the Ontario College of Social Workers and is a registered Sex Therapist BESTCO-Board of Examiners of Sex Therapy & Counseling in Ontario. She is the director of Couple Health a relationship and sex therapy counseling centre serving Ayr, Stratford and Kitchener/Waterloo, Ontario Canada. She is a member of SSTAR (Society of Sex Therapy and Research). Esther Perel, Gina Ogden and other master therapists have mentored her. Leah is passionate about our human right to enjoy our best lives particularly regarding sensuality and sexuality. Vibrant and healthy relationships with our self and others offer a potent source of well

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