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**The Self Improvement Show**  
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**September 8th 2016: Born to Heal**

Luke Adler, on the jacket of his book "Born to Heal" states: "Until you discover the wellspring of love within, you will endlessly seek love from the outside world. You were born to heal. The power to heal and feel whole resides within you." But how can you love enough? How do you tap into that power that resides within you? Luke Adler will talk about how you can allow love to flow into tissues and organs that have been holding tension, stuck emotion and memories. When you can do this, the body and mind, and all their faculties undergo profound transformation—and healing ensues This healing is

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#### Featured Guest



#### Luke Adler, L.Ac. D.O.M.

Luke Adler, L.Ac. D.O.M., is a Board Certified Acupuncturist and Chinese Herbalist, and a Diplomat of the National Certification Commission for Acupuncture and Oriental Medicine, the highest level of national certification for Chinese Medicine.

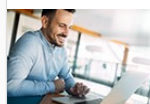
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