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Leading Conversations

Leading Conversations

Friday at 10 AM Pacific

September 16th 2016:Encore: I Choose Me

Cheryl Esposito welcomes Cynthia James, a leader in the field of personal transformation. A multi-award winning author, her latest book is I Choose Me: The Art of Being A Phenomenally Successful Woman at Home & at Work. Cynthia holds two Master's Degrees, one in Consciousness Studies(Holmes Institute); one in Spiritual Psychology(University of Santa Monica). Cynthia believes your past does not define you. What you decide to do, defines you. Cynthia's personal life experience is proof of that. Transcending childhood violence & abuse, she found success as a singer & Hollywood actress. Even then

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Featured Guest

Guest Image

Cynthia James

Cynthia James, a leader in the field of personal transformation. A multi-award winning author, her latest book is I Choose Me: The Art of Being A Phenomenally Successful Woman at Home & at Work. Cynthia holds two Master's Degrees, one in Consciousness Studies(Holmes Institute); one in Spiritual Psychology(University of Santa Monica). Cynthia believes your past does not define you. What you decide to do, defines you. Cynthia's personal life experience is proof of that. Transcending childhood violence & abuse, she found success as a singer & Hollywood actress. Even then her life was fraught with challenges in personal & professional relationships. Healing the past can accelerate the future.

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