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**September 27th 2016: You Have a Choice: A Conversation with Leanna Lapidus**

You Have a Choice: A Conversation with Leanna Lapidus, Cht., Author, Life Coach and Hypnotherapist about her Best-selling book 'You Have a Choice' and how to End Suffering and Start Living. Leanna Lapidus is a solution focused LifeCoach, Clinical Hypnotherapist, motivational speaker, as well as the best selling author of You Have a Choice: The Proven 5 Step Method To End Suffering and Start Living. Leanna is also a proud mother of two beautiful children Maya and Michael whom she raised on her own. In addition to her private practice at LifeCoach and Hypnotherapy by Leanna Lapidus, she also

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### Featured Guest



#### Leanna Lapidus, CHt.

Leanna Lapidus is a best selling author of You Have a Choice, "The Proven 5 Step Method To End Suffering and Start Living", a Clinical Hypnotherapist, solution-focused coach and a motivational speaker. The five proven steps in her book will open your heart and mind to a new way of thinking, a positive way of dealing with the pressures of the present, the pain of the past, and the fear of the future. Each step brings you closer to self-acceptance. Leanna has developed these steps through her own life trials. After mastering these five steps, you will:

- Secure happiness for yourself and your loved ones
- Become self-aware
- Achieve self-acceptance
- Heal your inner child
- End the vicious

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