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Straight Talk with Sandra Reich
Thursday at 3 PM Pacific
November 10th 2016: The Dangers of Romantic Fantasy

We have all heard those perfect lines in movies and songs like, "You complete me." Yet this way of thinking of sets us up for incredible dangers of hurt and disappointment in our romantic relationships. Sandra is joined by the Co-author of "Once Upon a Time; How Cinderella Grew Up and Became a Happy Empowered Woman" and Co- Director of Empowered Women Workshops, Maite Gomez to discuss the difficulties of living in romantic fantasy when it comes to real life relationships.

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Featured Guest



Maite Gomez

Maite Gomez B. Sc. Psychotherapist (UdeM 1993) is a licensed Psychotherapist. She has over 20 years of experience in counseling, body work and helping clients overcoming their pain and fears. She has devoted her life to understand the body-mind-spirit connection, with a specialization in psychosomatic relationship issues, self-esteem challenges, anxiety and more. Maite is also the co-author of the best selling book "Once upon a Time- How Cinderella Grew Up and Became a Happy Empowered Woman with Straight Talk's Sandra Reich , Co- director of Empowered Women Workshops as well as a proud member of The Montreal Center for Anxiety and Depression

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