



with **Dr. Kristine Reese**



### The Optimal Health Hour Tuesday at 2 PM Pacific

**November 08th 2016: Genetic DNA Testing Personalized Healthcare**

This week's episode will focus on EpigeneticsRx®, Genetic DNA testing which is a revolutionary movement in healthcare. DNA testing of patients results in precise, personalized prevention and cure of illness. It is a scientific method designed to accurately deliver personalized treatment. Patients that have had DNA testing and then personalized health care have called it "life changing;" cured of years of insomnia, depression and hormone imbalance. Listen to a patient, Blake, talk about how Genetic DNA testing changed his life.

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### Featured Guests



#### Melanie Bivens

Melanie Bivens is passionate about helping healthcare professionals achieve their business goals. Bringing 20 years of experience in law and business, she is an expert on the specific challenges of building a business within integrative healthcare. Melanie received her JD from Loyola Law School and represented physicians for many years before co-founding "The Soul Shine Wellness Network™", a first of its kind network for integrative healthcare practitioners. In 2010, she began consulting with La Vita Compounding Pharmacy, supporting physicians and educating patients on integrative healthcare. La Vita has received numerous national honors including the prestigious US Small Business Adm

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#### Blake

Something was suddenly wrong with me and I didn't know what. Headaches, then loss of coordination, speech, vision, and hearing, all over the course of one year. I lost my job, girlfriend, and social life. I moved across the county to find happiness. There I met Dr. Hilewitz who introduced me to genetic testing. I foolishly refused the test due to its cost. Later down the road I went through with the test. This changed my life. My doctor was able to understand the test results, it gave me an understanding of how my body works and how to improve it. I was now aware of things to watch out for when I have children. My MTHFR gene is mutated. Vaccinating a baby with a mutated MTHFR gene

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