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with **Dr. Kristine Reese**



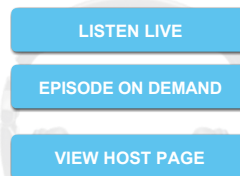
**The Optimal Health Hour**  
**Tuesday at 2 PM Pacific**  
**November 22nd 2016: Patients Share Their Journey To Optimal Health**

This week's episode will focus on the personal journey of patients to optimal health, how they found answers and overcame health challenges. Listen as they talk about frustration with conventional medicine and how it failed them. They took control of their health and found answers through Naturopathic Medicine. The life changing stories are inspirational. There is a revolution in health care coming, please join us to find out more. Don't miss out and be with us for the next Optimal Health Hour episode.



#### Tune in

Tuesday at 2 PM Pacific Time on  
VoiceAmerica Health and Wellness  
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