

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



HEALTH & WELLNESS



Occupy Health
Friday at 11 AM Pacific
January 13th 2017: Healthy Hearts: Why are Doctors' Exams Outdated?

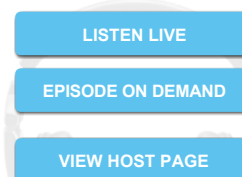
The risks for heart attacks are not what we thought. The cholesterol model is outdated and does not adequately assess who is at risk for cardiovascular disease. The present evaluation, diagnosis, prevention and treatment of heart disease does not adequately identify at risk populations. For example the risks for cardiovascular disease starts when the blood pressure goes above 110/70. Likewise the risk for cardiovascular disease (and diabetes) starts when the morning fasting blood sugar reaches 84. Come learn how to assess if you are on the path to heart health and how to get on that

[Read more](#)



Tune in

Friday at 11 AM Pacific Time
on VoiceAmerica Health and
Wellness Channel



Questions? Comments?
Call In Live!
Toll Free: 1-866-472-5792
Intl: 001-480-553-5759

Featured Guest



Mark Houston MD

Dr. Mark Houston is a leading expert in cardiovascular disease, hypertension, heart health and functional medicine.

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

