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Feel Good Naked Radio

with Laure Redmond

Feel Good Naked Radio

New shows monthly
January 12th 2017: In the Kitchen with Cathy Whims

In the food and restaurant industry, women don't need the same courage as men. They need more. The Culinary Institute of America, the nation's premier culinary school, didn't accept women until 1970, but now 44% of its students (out of 3,000) are women. Leading the way for women is Portland, Oregon's Cathy Whims. She's considered a rockstar in a city that puts a high value and quality on their food scene. Cathy has been a leader in the restaurant world for over 30 years and is a six-time James Beard Award finalist. I can't wait to share the conversation with her and to learn more about her cou

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Featured Guest



Cathy Whims

Cathy, a six-time James Beard Award finalist, opened Nostrana with her partner David West in 2005. Prior to establishing Nostrana, she was co-owner of Portland's pioneering Italian restaurant, Genoa. Since then, she has helped open Oven & Shaker, and Hamlet, Portland's first bar to pay homage to ham and sherry. In the course of her professional career, Cathy has studied with Marcella and Victor Hazan at their home in Venice, and Madeleine Kamman at the School for American Chefs. She has cooked with Giuncinto Albarello at Genoa and in his own kitchen at the Antica Torre Trattoria in Barbaresco, and with Marco Forneris at Osteria La Libera in Alba, both renowned restaurants of the Langhe. A

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