

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



American Heroes Network Tuesday at 8 AM Pacific February 28th 2017:Project Hero

Founded in 2008, Project Hero is a groundbreaking national non-profit organization dedicated to helping Veterans and First Responders affected by PTSD, TBI and injury achieve rehabilitation, recovery and resilience in their daily lives and increasing awareness to combat the national mental health emergency posed by PTSD and TBI.

- [SHARE](#)
- [DOWNLOAD PDF](#)
- [GET CODE](#)

Tune in

Tuesday at 8 AM Pacific Time on
VoiceAmerica Variety Channel

- [LISTEN LIVE](#)
- [EPISODE ON DEMAND](#)
- [VIEW HOST PAGE](#)

Questions? Comments?
Call In Live!

Toll Free: 1-866-472-5788
Intl: 001-480-398-1394

Featured Guest



John Wordin President and Founder

A nationally recognized leader of the movement to help Veterans and First Responders affected by PTSD, TBI and injury, John Wordin is the President and Founder of Project Hero. A native of Southern California, John was an avid high school and college athlete, earning a scholarship to play football at Cal State Northridge. Weighing 260+ lbs. at graduation, he decided to change his lifestyle through exercise, which included cycling, and improving his diet. In less than a year, he weighed 220 lbs. and within 16 months he was at 185 lbs. and had begun his career as a professional cyclist. He participated in 3 US Olympic Trials and earned a Bronze medal in the 1989 US National Championships

[Read more](#)

Share This Episode

- [Share On Facebook](#)
- [Share On Twitter](#)
- [Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps

