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Wednesday at 4 PM Pacific

March 15th 2017: Happy Foods, Acting at Any Age, Health Insurance Denials

Can foods actually boost your feel good quotient? The answer is "YES" and we'll talk about the best antidepressant edibles that will make you happy and healthy. Have you always wanted to be on TV or in movies? What's stopping you? Acting coach and author of The Business of Show Business will show you how getting on a set may be easier than ever at any age. The more "real person" you are the better! What do you do when your insurance company denies your coverage? Know your rights and how to fight back.



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