



# Patricia Raskin

## POSITIVE LIVING SHOW

### The Patricia Raskin Show Monday at 11 AM Pacific

**April 24th 2017: Are You a Snorkeler or Scuba Diver?/  
Undoubtedly Awesome: Your Own Personal Roadmap From  
Doubt to Flow**

In the first half Patricia interviews Cynthia Barlow. After a near-death experience a decade ago, Cynthia Barlow's new book, *How Deep Is Today?* offers sage advice that she'll share with us in her eloquent and slightly sassy style. Through a metaphor of diving headfirst into the "deep sea of life," rather than snorkeling on the surface, her Seuss-inspired bedtime story was written for all the grown-ups out there who are simply doing their best to navigate the turbulent tides of daily life. In the second half Patricia interviews Anne Tucker, author of *Undoubtedly Awesome: Your Own Personal*

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### Featured Guests



#### Cynthia Barlow

Cynthia Barlow is a facilitator, author, coach, and one of life's deep divers. Having coached executives and conducted leadership development programs for decades with her Toronto-based company, C3 Conversations, Inc., she brings a wealth of people knowledge to her newest book, *How Deep is Today?* In this bed-time story for grown-ups, Cynthia inspires us to look a little deeper and reach a little higher with her humorous, straight-forward style. Cynthia is passionate about words, water, puppies, and chocolate of any kind, which she insists is a valid food group. She believes that everything is connected, not only to each other here on earth, but also to something bigger, some quantum

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#### Anne Tucker

Anne Tucker is an effective and recognized speaker who has addressed audiences around the world on the topics of leadership, personal transformation, decision making, and the psychology of doubt. She is the founder of Wisdom Soup, an online social learning community that speeds up serendipity by connecting people with similar interests in spirituality and personal growth. Decision making has been the ongoing focus of Anne's 20-year career, during which she has worked with some of the most influential business leaders of our time. She developed her methodology for understanding decision making by soul type during her years as the co-founder of Grey Matter Partners, a leadership developmen

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