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Mighty Gems – Essence of Authentic Presence

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May 19th 2017: Step Into the Sparkles As You Show Up

"The most difficult phase in life is when we breakdown and give up the fight. It's because we deny ourselves of our inner strength. Take every failure as a stepping stone of success and be an architect of your destiny." ~ Anil Sinha Letting go of your past stories and focusing on living new ones gives you strength, resilience and the ability to show up more powerfully in every moment. At the same time, as you become more present in your life, you may find underlying fears that you will not be successful. The good news is that you have more internal resources – and rewards waiting for you!

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