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The Power of Natural Healing Monday at 11 AM Pacific

**June 19th 2017: Helen Saul Case's new book,
Orthomolecular Nutrition for Everyone**

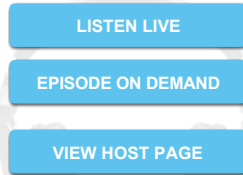
Helen Saul Case grew up with the knowledge and practice of her father, Andrew Saul, PhD. He and his wife inculcated her in the use and benefits of healthy eating and the use and usefulness of vitamins. Now Helen has extended her hand to many, many others to teach them about health and vitamin therapy, plus good, whole food nutrition. She has written several books, the latest being "Orthomolecular Nutrition for Everyone," and it is full of great information, including very important papers by experts in nutrition and vitamins. She does not just cite the papers, she includes them in the book

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Featured Guest



Helen Saul Case

Ms. Case is the author of The Vitamin Cure for Women's Health Problems, Vitamins & Pregnancy: the Real Story, and co-author of Vegetable Juicing for Everyone. Her latest book is Orthomolecular Nutrition for Everyone. She is also featured in That Vitamin Movie. (2016). She is the Assistant Editor of the Orthomolecular Medicine News Service, has published in the Journal of Orthomolecular Medicine, and has written numerous articles on nutrition that have appeared in health magazines in several countries. Her papers also appear in The Orthomolecular Treatment of Chronic Disease and The Vitamin Cure for Infant and Toddler Health Problems. She graduated magna cum laude from Colgate Unive

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