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**July 17th 2017: Can You Really be Inspired to  
Make Fitness A Priority? --Chad Austin**

What does it take to truly be inspired and accountable for your fitness plan? How can just a change in mindset set you up for success in your fitness? How can you stay accountable for your fitness goals when your busy life interferes? Join Linda Patten and her guest, Chad Austin, as they delve into how to stay inspired about and accountable for your fitness plan.

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**Chad Austin**

Chad is the Owner of Priority Fitness in Overland Park, KS. He is a Best Selling Author of the book, "Make Fitness A Priority: How to win the fight against your excuses".

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