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June 23rd 2017:Encore: The Vegetarian's Guide to Eating Meat

The Vegetarian's Guide to Eating Meat chronicles a young woman's journey from vegetarian PETA activist to blood-and-guts-eating omnivore. Marissa Landrigan, journalist, professor and author, discovered that eating ethically was far from simple—and cutting out meat was not the answer. As she criss-crossed the U.S. to get closer to the source of her food, eventually even visiting a slaughterhouse and hunting elk, Landrigan realized that the most ethical way of eating was to know her food—whether meat or vegetable—and prepare it herself, on her own terms, to eat with family and friends.

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Featured Guest



Marissa Landrigan

Marissa Landrigan's essays have appeared in numerous publications, including the Atlantic, Salon, and Guernica, and she runs the food-themed reading series Acquired Taste. She holds an MFA from Iowa State University and is currently an assistant professor at the University of Pittsburgh–Johnstown, where she teaches creative, professional, and digital writing. Marissa is the author of *The Vegetarian's Guide to Eating Meat: A Young Woman's Search for Ethical Food* (Greystone Books, April 29, 2017).

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