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Born to be Breastfed

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July 10th 2017: **Encore: Ten Myths about Why You Can't Breastfeed**

Meeting your baby's nutritional needs from your own body may seem intimidating and even demanding. Maybe that's why, although nearly 77% of babies are "ever" breastfed, only about 49% are still breastfed at six months (and only 38% are exclusively breastfed then). You've probably heard some reasons why mothers can't breastfeed their babies; odds are high most of these reasons simply aren't true. Join Marie Biancuazzo to bust the myths and find out the realities about topics such as: nutrition while breastfeeding, small breasts and milk supply, medications, chocolate, coffee, alcohol, anxiety, b

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